

First Year Cheer

Apr 2019 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
	TRYOUTS!!!					MANDATORY
7	8	9	10	11	12	13
				MANDATORY		
14	15	16	17	18	19	20
					No School	
21	22	23	24	25	26	27
	No School		MANDATORY Parent			
28	29	30	1	2	3	4
Down Syndrome	Full Program					

First Year Cheer

May 2019 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 Down Syndrome	29 Full Program	30	1	2	3	4
5	6 Full Program	7 Marisa's Birthday	8	9 Practice 3:40-5:30	10	11 UCA Stunt Clinic 12:
12	13	14	15 Booster Club	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30 Practice 3:40-5:	31	1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
				Practice 3:40-5:		
2	3	4	5	6	7	8
Down Syndrome	Kid's Camp @ MARQUETTE					
	Practice 4:30-6pm		Practice 4:30-6pm	Practice 4:30-6pm	Tumbling 9:30-10:	
9	10	11	12	13	14	15
	M-FACTOR 8:45-10:30am					
		Practice 3:30-5:	Practice 3:30-5:	Tumbling 3:45-4:		
		Practice 3:40-5:	Practice 3:40-5:			
16	17	18	19	20	21	22
	M-FACTOR 8:45-10:30am				Lillie's Birthday	
		Practice 3:30-5:	Practice 3:30-5:	Tumbling 3:45-4:	Mia's Birthday	
		Practice 3:40-5:	Practice 3:40-5:			
23	24	25	26	27	28	29
	M-FACTOR 8:45-10:30am					ACTIVITIES DEAD
				Tumbling 3:45-4:		
30	1	2	3	4	5	6
ACTIVITIES DEAD WEEK ***** NO CHEER ***** MAKE SMART & SAFE CHOICES ***** DON'T GET HURT ***** WE MEAN IT!!! ***** GO AMERICA *****						

First Year Cheer

Jul 2019 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	1	2	3	4	5	6
ACTIVITIES DEAD WEEK ***** NO CHEER ***** MAKE SMART & SAFE CHOICES ***** DON'T GET HURT ***** WE MEAN IT!!! ***** GO AMERICA *****						
7	8	9	10	11	12	13
ACTIVITIES DEAD		Practice 10:30am-	Booster Club Social Practice 10:30-Noon	Tumbling 3:45-4:		Gabriella's Birthday
14	15	16	17	18	19	20
		UCA Home Camp			Pool Party 12:30pm	
21	22	23	24	25	26	27
	M-FACTOR 8:45-10:30am (No Wed)			Tumbling 3:45-4:		
28	29	30	31	1	2	3
	M-FACTOR 8:45-10:30am (No Wed)			Freshman	Freshmen Tumbling 3:45-4:	

First Year Cheer

Aug 2019 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
M-FACTOR 8:45-10:30am (No Wed)			Freshman	Freshmen Tumbling 3:45-4:		
4	5	6	7	8	9	10
				Tumbling 3:45-4:		
11	12	13	14	15	16	17
	First Day of School	Practice 3:30- 5:	Booster Club Practice 3:30-5:	Tumbling 3:45-4:	Olivia's Birthday	Blue/Green
18	19	20	21	22	23	24
	Practice 3:30-5:	Kyra's Birthday Practice 3:30-5:	Practice 3:30-5:	Tumbling 3:45-4:		IMPACT Testing 9:
25	26	27	28	29	30	31
		Practice 3:30-5:	Practice 3:30-5:	Tumbling 3:45-4:	Team Pics & Varsity	

First Year Cheer

Sep 2019 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Soccer vs Rockwood	4 Kendra Scott Practice 3:30-5:	5 Tumbling 3:45-4:	6	7
8 Football VS.	9	10 Soccer Game VS	11 Practice 3:30-5:	12 Tumbling 3:45-4:	13 Margaux's Birthday	14
15 Sign Painting	16 Football vs.	17 Practice 3:30-5:	18 Booster Club Practice 4:45-6	19 Soccer vs Lindbergh	20	21
22 Ally's Birthday	23 HOMECOMING WEEK!!! 8:20am meet in Kirby's room 335 EACH DAY for themeday pictures Full Program HOMECOMING WEEK!!!	24 Practice 3:30-5:	25 HOMECOMING WEEK!!! 8:20am meet in Kirby's room EACH DAY for Practice 3:30-5:	26 Field Hockey Game Tumbling 3:45-4:45	27 Homecoming game	28
29	30	1 Practice 3:30-5:	2 Practice 3:30-5:	3 Tumbling 3:45-4:	4	5

First Year Cheer

Oct 2019 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1 Practice 3:30-5:	2 Practice 3:30-5:	3 Tumbling 3:45-4:	4	5
6	7 Football vs Fox @ 4:	8 Practice 3:30-5:	9 Practice 3:30-5:	10 Tumbling 3:45-4:	11	12
13	14	15 Practice 3:30-5:	16 Booster Club Practice 3:30-5:	17 Tumbling 3:45-4:	18 Practice 6am-8am	19 Hydrocephalus
20 Regionals Dress	21 Football vs. Eureka	22 Practice 3:30-5:	23 Practice 3:30-5:	24 Tumbling 3:45-4:	25	26
27	28 Football vs.	29 Practice 3:30-5:	30 Practice 3:30-5:	31 Tumbling 3:45-4:	1	2

First Year Cheer

Nov 2019 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
	Football vs.	Practice 3:30-5:	Practice 3:30-5:	Tumbling 3:45-4:		
3	4	5	6	7	8	9
		Practice 3:30-5:	Practice 3:30-5:	Tumbling 3:45-4:		
10	11	12	13	14	15	16
Coach De Vera out of town (Italy)						
			Dress Rehearsal	Tumbling 3:45-4:	Sabrina's Birthday	STATE!!
17	18	19	20	21	22	23
Coach De Vera out STATE!! Abbey's Birthday		Practice 3:30-5:	Practice 3:30-5:	Tumbling 3:45-4:		
24	25	26	27	28	29	30
	Boys Basketball vs Girls Basketball vs.	Practice 3:30-5:	No School			

First Year Cheer

Dec 2019 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	Weight lifting 3:30-	Practice 3:30-5:15	Practice 3:30-5:15	Tumbling 3:45-4:		
8	9	10	11	12	13	14
	Weight lifting 3:30-	Holiday Party at the	Girls Basketball vs.	Girls Basketball vs		
15	16	17	18	19	20	21
Varsity Nationals	Boys Basketball vs Weight lifting 3:30-			Tumbling 3:45-4:	Girls Basketball vs	
22	23	24	25	26	27	28
WINTER BREAK						
29	30	31	1	2	3	4
WINTER BREAK					Boys Basketball vs	

First Year Cheer

Jan 2020 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4
WINTER BREAK						Boys Basketball vs
5	6	7	8	9	10	11
	Weight lifting 3:30-	Practice 3:30-5:15	Booster Club Practice 3:30-5:15			
12	13	14	15	16	17	18
	Weight lifting 3:28-	Practice 3:30-5:15	Tumbling 3:45-4:		Girls Basketball vs	
19	20	21	22	23	24	25
	Coach De Vera and Girls Basketball vs	Practice 3:30-5:15	Practice 3:30-5:15	Tumbling 3:45-4:	Boys Basketball vs	
26	27	28	29	30	31	1
	Boys VS Webster	Practice 3:30-5:15	Practice 3:30-5:15	Tumbling 3:45-4:		

First Year Cheer

Feb 2020 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
	Boys VS Webster	Practice 3:30-5:15	Practice 3:30-5:15	Tumbling 3:45-4:		
2	3	4	5	6	7	8
	Boys basketball VS. Girls VS Parkway	Boys Basketball vs Small Gym 1st Block	Nationals!!		Tumbling 3:45-4:	
9	10	11	12	13	14	15
Nationals!!			No practice	Tumbling 3:45-4:		
	Weight lifting 3:30-					
16	17	18	19	20	21	22
		Optional Practice	Evaluations	Tumbling 3:45-4:		
23	24	25	26	27	28	29
	Weight lifting 3:30-	Optional Practice	2020-2021 Tryout Booster Club	Tumbling 3:45-4:		

First Year Cheer

Mar 2020 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Banquet at	2	3 Uniform/ankle	4	5	6	7
8 Team Breakfast at	9	10	11	12	13	14
15	16	17	18	19	20	21
Spring Break						
22	23 TRYOUT paperwork	24	25	26	27	28
29	30	31	1	2	3	4
TRYOUTS!!!						